



# 2026 CMU Invite Meet Information



- Date:** Thursday-Friday April 2<sup>nd</sup> – April 3<sup>rd</sup>, 2026
- Site:** Central Methodist University at Davis Field – William L. Hairston Track
- Time:** **Day 1**  
Decathlon starts at 10 AM  
Heptathlon starts at 10:30 AM  
Field Events start at 12 PM  
Running Events start at 12:15 PM
- Day 2**  
Decathlon & Heptathlon starts at 9 AM  
Running & Field Events starts at 10AM
- Entries:** **Entries are due on Tuesday, March 31st @ 5:00 PM CST.** **Open - [Direct Athletics](#)**  
**No late entries will be accepted.** **Multi – [Direct Athletics](#)**
- Scratches/Changes:** **Coaches can manage their entries until Wednesday, April 1st @ 9:00.** **Open - [Scratches/Changes](#)**  
**Multi – [Scratches/Changes](#)**
- Entry Fee:** \$300.00 per team (per gender) or \$30 per athlete.  
\$30 per individual (unattached) must be paid at time of entry.  
**Entries will be paid on Direct Athletics**
- Entry Questions:** Rich Schilling [rich@trxctiming.com](mailto:rich@trxctiming.com) 314-522-6176
- Meet Questions:** Coach Kenny Anderson [kranderson@centralmethodist.edu](mailto:kranderson@centralmethodist.edu)
- Performance List:** Open - [Click Here](#) Multi – [Click Here](#)
- Heat/Flight Sheets:** Day 1 - [Click Here](#) Decathlon - [Click Here](#)  
Day 2 - [Click Here](#) Heptathlon - [Click Here](#)
- Check In:** All running event participants need to check in with the clerk 20 minutes prior to their event at check-in table located next to the training room at the south end of the stadium. Field event athletes should check in at least 30 minutes prior to their event at the competition site.
- Results:** Final results will be available after the conclusion of the meet. Results will be posted online at [www.trxctiming.com](http://www.trxctiming.com) and [www.centralmethodist.edu](http://www.centralmethodist.edu) after the meet. Live results can be found at <https://liveresults.trxctiming.com/>.
- Showers:** Lockers/shower facilities are NOT available.
- Athletic Trainers:** Athletic trainers will be available at Hairston Track beginning at 10:00 AM. The trainers will be located in the training room on the east side of the locker room complex south of the track.
- Field Events:** Three prelim attempts and three final attempts in all field events will be given. Top eight to finals.
- JAVELIN:** Javelin runway will be grass.



# 2026 CMU Invite

## TRACK & FIELD MEET

Thursday-Friday, April 2-3, 2026  
TENTATIVE TIME SCHEDULE (HEATS fast to slow)

### THURSDAY – April 2<sup>nd</sup>

#### *Decathlon*

##### Day 1

11:00 AM 100 Meters  
Long Jump  
Shot Put  
High Jump  
400 Meters

##### Day 2

9:00 AM 110m Hurdles  
Discus  
Pole Vault  
Javelin  
1500 Meters

#### *Heptathlon*

##### Day 1

11:30 AM 100 Hurdles  
High Jump  
Shot Put  
200 Meters

##### Day 2

9:00 AM Long Jump  
Javelin  
800 Meters

#### Field Events

12:00 PM Women's Hammer (Men's to follow)  
12:00 PM Men's Javelin (**Grass Runway**) (Women to follow)  
2:00 PM Men's Pole Vault (Women to follow)

#### Running Events

12:15 PM 3000 Steeplechase Women  
12:35 PM 3000 Steeplechase Men  
2:00 PM 4x800 Relay Women  
2:15 PM 4x800 Relay Men  
3:00 PM 10,000 Meters Men & Women



## FRIDAY - April 3rd

### Field Events

10:00 AM	Women's Shot Put (Men's to follow)
10:00 AM	Women's Long Jump
10:00 AM	Men's Long Jump
10:00 AM	Women's High Jump
11:00 AM	Men's Discus (Women to follow)
12:00 PM	Women's Triple Jump
	Men's Triple Jump
2:00 PM	Men's Pole Vault (Women to follow)

### Running Events

10:00 AM	5000 Racewalk	Men & Women
11:15 PM	<i>Senior Recognition</i>	
1:00 PM	4 x 100 Relay	Women
1:05 PM	4 x 100 Relay	Men
1:10 PM	1500 Meters	Women
1:20 PM	1500 Meters	Men
1:45 PM	100 Hurdles	Women
2:00 PM	110 Hurdles	Men
2:15 PM	400 Meters	Women
2:30 PM	400 Meters	Men
2:45 PM	100 Meters	Women
2:55 PM	100 Meters	Men
3:10 PM	800 Meters	Women
3:20 PM	800 Meters	Men
3:40 PM	400 Hurdles	Women
3:50 PM	400 Hurdles	Men
4:00 PM	200 Meters	Women
4:15 PM	200 Meters	Men
4:30 PM	5000 Meters	Women
4:45 PM	5000 Meters	Men
5:00 PM	4 x 400 Relay	Women
5:10 PM	4 x 400 Relay	Men

