

# CMU HIGH SCHOOL INVITATIONAL

## MEET INFORMATION

- Date: Tuesday, April 2, 2024
- Site: Central Methodist University  
Davis Field – William L. Hairston Track
- Time: Field Events start at 1:00 PM  
Running Events start at 2:00 PM
- Entries: Registration will be online at [MileSplit](#).  
[TRXC Timing](#) will be timing the meet.  
Entry questions email [Paul Golian](#)  
**We are limiting entries to 4 athletes per event.**  
All entries must be done by **April 2<sup>nd</sup>, by 9:00 AM**
- Entry Fee: \$150 per school per gender (boys and girls combined would be \$300). Make checks out to Central Methodist University Track & Field.
- Scoring: Team scores will be kept.
- Heat/Flight: [Click Here](#) to see heat and flight sheets
- Check In: All running event participants need to check in with the clerk 20 minutes prior to their event at check-in table located next to the training room at the south end of the stadium. Field event athletes should check in at least 30 minutes prior to their event at the competition site.
- Results: Results will be posted throughout the meet on the wall of the locker room complex at the south end of the track. Final results will be available after the conclusion of the meet. Results will be posted online at [www.centralmethodist.edu](http://www.centralmethodist.edu) after the meet.
- Showers: Lockers/shower facilities are available upon request.
- Field Events: Four attempts in all throwing and horizontal jumps.
- Meet
- Questions: [Kenny Anderson](#) – Central Methodist University

# 2024 CMU HS INVITATIONAL TRACK & FIELD MEET

Tuesday, April 2, 2024

TENTATIVE

Time Schedule

## Field Events

1:00 PM Boys Discus (Girls to follow)  
1:00 PM Girls Shot Put (Boys to follow)  
1:00 PM Boys Pole Vault (Girls to follow)  
1:00 PM Girls Long Jump  
1:00 PM Boys Long Jump  
Boys & Girls Triple Jump to follow long jump  
1:00 PM Girls High Jump (Boys to follow)  
Boys Javelin will start after the completion of the Girls Discus.

## Running Events

2:00 PM (Rolling schedule) Girls, followed by boys.

4 x 800  
100 Hurdles  
110 Hurdles  
100 Dash  
4 x 200  
1600  
4 x 100  
400  
300H  
800  
200  
3200  
4 x 400