

Carthage 9/10 Invitational
May 3, 2021
Information Sheet

Dear Coach:

You are invited to the Carthage 9/10 Invitational, to be held on Monday, May 3, 2020. There will be a short coaches meeting at 3:15 in the North Athletic Complex. Field events will begin at 3:30 with the Javelin, all other events will start at 4:00. Running events will start at 4:30.

Please note the following:

1. Cost for the invitational is \$75 per division, \$150 for boys and girls
2. Medals will be handed out to the top three in each event
3. Plaques will be awarded to the top two teams in each division
4. There is no limit for individuals per event, but only 3 will medal. 1 relay per school
5. Running events will be timed finals, fast heat first heat
6. Running events will be heated in the bullpen based on reported time
7. Field events will be finals, 4 throws or jumps, cafeteria style
8. Starting height for girls pole vault-6'/boys 8'6", moving 6 inches
9. Girls high jump-4'/boys 5', up 2 inches
10. An athlete leaving a field event must check out with the official, and has 10 minutes from the completion of his/her event to compete.
11. In the pole vault and high jump, the bar will not be lowered once raised. The athlete should compete at these events as long as possible before competing on the track
12. Girls LJ/TJ use west pit, boys LJ/TJ use east pit
13. We will use MoMileSplit for entries. [Entry Link](#)

Entries must be received by Monday, May 3rd at 9:00am.

Order of Events:

- 3:15 Coaches Meeting
3:30 Javelin-4 throws, boys and girls combined. This is for JV throwers only. NO VARSITY throwers should compete.
4:00 Field Events-Cafeteria Style-90 minute time limit
Girls Pole Vault/Boys Vault
Boys Discus/Girls Discus
Girls Shot Put/Boys Shot Put
Boys Long Jump/Girls Long Jump
Girls Triple Jump/Boys Triple Jump
Boys High Jump/Girls High Jump
4:30 Running Events-Girls preceding boys

If you have any questions, feel free to call me any time.

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