

CAMDENTON LAKER MIDDLE SCHOOL INVITATIONAL

When: Thursday, September 30, 2021

Where: Collin's Farm, Camdenton Laker XC Course, Ha Ha Tonka State Park, Camdenton MO

(google maps address link: [Click Here](#))

** yes. It will look like you're traveling to the middle of nowhere. You are. There's gravel. But we have plenty of signs**

BUSES MUST ENTER DRY HOLLOW FROM HWY 5 SO THAT THEY TURN LEFT INTO THE COURSE ([see map](#))

Time Schedule:

- | | |
|------------------|---------------------------------------|
| 2:30 - 3:30 pm - | - Packet Pickup and Course Inspection |
| 3:30 pm - | - Coaches Meeting (big red barn) |
| 4:00 pm - | - MS Boys 3200m |
| 4:30 pm - | - MS Girls 3200m |
| 5:00 pm - | - Awards |

Online Entry:

The cost will be \$75 per gender or \$150 per school. OR \$15 per runner with 4 or less.

Entries will be completed through momilesplit.

Entries will close on : **September 28th at 9:00 am.**

Entry Link: [Online Entry Link](#)

Awards:

Top 20 boys and top 20 girls will receive medals.

Ice Cream Cakes for 1st place teams. Plaques for 1st and 2nd place teams for boys and girls.

There will be t-shirts for sale (\$20).

Rosters: [Girls](#) [Boys](#)

Box

Assignments: [Box Assignments](#)

Course: We take pride in our course – it is mowed pasture with 17 years of previous XC use. In 2021, we've widened the course. You'll notice the new widened edges are not quite as nice as the path that's existed for 17 years, but it adds a little extra wiggle room for those congested spots. Missouri soil = rocks. We've done our best to remove them all, but any rocks/tree roots will be painted and noticeable. Course maps are attached at the end of this document. Spectator Friendly! Keep in mind, however, that it is one way in, one way out and our course crosses the driving path. This obviously can create congestion during a race. Please encourage buses to stay parked, and encourage parents/spectators to arrive early.

Tent City: Set up camp in the area to the right of the starting apron.

Timing/Chips: TRXC will be timing our meet. A \$25.00 per chip fee will be issued to schools for any damaged and/or missing chips. Chips must be returned in the packets given, **rubber banded and in numeric order**. There will be a chip packet drop off located in the red barn where you can pick up your awards.

Entry Fee: \$75 per gender or \$150 per school. OR \$15 per individual per gender for 4 or less.

Packet Pickup: Packets may be picked up after 7:00am at the big red barn.

Facilities: There will be portable restrooms available.

Bus Parking: Busses will be directed to parking locations once they enter the course. IF a bus driver does not plan on parking & staying for the duration of the meet, we recommend they drop the team off at the entrance to the course on Dry Hollow Road as to not congest the one-way in/out driveway during peak drop times. There is additional parking in Ha Ha Tonka State Park at the Visitor's Center or the Lower Castle parking lots for bus drivers to park & wait if they choose to drop off.

Parking: Spectator parking will be inside the venue. Cars will be directed to a parking location in a grassy field.

State Park: We are so lucky to host our meet at Ha Ha Tonka State Park – which has been named '4th best state park in America', and 'Most Beautiful Place in Missouri'. We encourage you to come back sometime and check out the beautiful views, historical ruins, and awesome trails. We also want to remind you that our course exists on protected state park property. Please be respectful and pick up trash, don't venture beyond the outside bounds of the course, keep dogs on leash, and only park in designated locations.

1ST LOOP
2ND LOOP
FINISH

1 mile



LAKER 3200m COURSE

SPECTATOR PARKING

Cross Country Course in Hahaione State Park

Dry Hollow Rd

Dry Hollow Rd

HWY 5

BUSES

NO BUSES (TURN TOO SHARP)

HWY 5