

BHS Sophia Rivera Invitational

April 22, 2024

Schools: University City, Gateway Science Academy, Valley Park, Bayless, Hancock, Crossroads, Rosati Kain, Tower Grove Christian, Barat Academy, Collegiate, Metro, Jennings, and possibly others

Our track is not regulation size, (355m) so the starting lines vary from regulation tracks.

Bull pen will be in the middle of the field.

Please register by **9am on 4/22**. No Late entries will be accepted.

Entries must be done on [Milesplit](#)

3 entries per individual event, 1 relay per school.

We will not be able to host a Javelin or a Pole Vault competition

My contact Info: Scott Long slong@brentwoodmoschools.org or 314-221-6597

[Click Here](#) to see heat and flight sheets

Coaches Meeting at 3:30

Track events at 4:15

| | |
|-----------|----------------------------|
| 4x800 | (all together if possible) |
| 110/100 H | (Heats of 4) |
| 100M | (Heats of 6) |
| 4x200 | (Heats of 6) |
| 1600M | |
| 4x100 | (Heats of 6) |
| 400M | (Heats of 6) |
| 300H | (Heats of 4) |
| 800M | |
| 200M | (Heats of 6) |
| 3200M | (all at once if possible) |
| 4x400 | (heats of 6) |

Field Events start at 4:00

High Jump: girls followed by boys
Long Jump: all together
Triple Jump: after long jump, all together
Shot Put: girls followed by boys
Discus: boys followed by girls