



BOWLING GREEN EARLY BIRD TRACK MEET

MARCH 24TH, 2023

3:30 PM

Athletic Directors and Varsity Track Coaches

The Bowling Green Early Bird Track Meet is scheduled for March 24th, 2023 at 3:30 pm. **Coaches are required to fill out their entries on-line at momilesplit. ([Online Entry Link](#))** This meet will have unlimited entries in every event. There will be no team scores kept and no medals. **Entries must be in NO LATER than March 24th by 9:00 AM.**

We will start field events at 3:30 pm and running events at 4:45 pm. We will most likely need help in the field events. Each team may be required to run off one field event.

[Click Here](#) to see heat and flight sheets

Teams: Hannibal, Palmyra, Bowling Green, Westran

Time Schedule:

Field Events Begin at 3:30

Running Events Begin at 4:45

Unlimited Entries in all Events

Athletes are limited to 4 total events

Entry Fee: \$300 to pay for timing service

Schedule of Events

Field Events at 3:30 pm

3 jumps / 3 throws

Boys Discus

Girls Shot

Boys High Jump

Girls Pole Vault

Boys/Girls Triple Jump-North Pit

Boys Javelin

Field Events at Approx. 5:15 pm

3 jumps / 3 throws

Girls Discus

Boys Shot

Girls High Jump

Boys Pole Vault

Girls/Boys Long Jump

Girls Javelin

Work List

BGHS Early Bird Meet

Shot – Eddie Linear

Discus – Jill Dotson

Javelin – Dan Grimes

Long Jump/Triple Jump – Kelsey Mitchell

Pole Vault – Nick Koettters

High Jump – Coach Gregg

Bullpen – Coach Bibb

Announce – Kate Klott

Medals – Rachel Klott

Results: TRXC Timing

Starting Blocks: Joe Chinn

Relay Exchanges:

4x1 Relay 1st Exchange - Hannibal

4x1 Relay 2nd Exchange – BG

4x1 Relay 3rd Exchange – Palmyra/Westran

4x2 relay 1st & 3rd Exchange – Hannibal/BG

4x2 relay – 2nd Exchange – Palmyra/Westran