



## Bowling Green Mini Medal Track Meet

April 5<sup>th</sup>, 2024

**Rescheduled Date**

**3:30 PM**

Athletic Directors and Varsity Track Coaches

The Bowling Green Mini Medal Track Meet is scheduled for April 3<sup>rd</sup>, 2024. **Coaches are required to fill out their entries on the MOMILE web site. Late Entries will not be accepted.**

**Entries due Friday April 5<sup>th</sup> at 9AM**

Each school will be allowed 2 entries per event and one relay per team. Medals will be issued to the top 3 places in all events.

ENTRY FEE IS \$125 for boys team / \$125 for girls team \$250 total

**TRXC TIMING** WILL BE ON HAND TO TIME THIS MEET USING FULLY AUTOMATIC TIMING (FAT).

**Meet Program-** Heat sheet/ Flight Sheet

Each school may be asked to help with exchanges or running off an event.

**Time Schedule:**

Coaches meeting at 3:00 pm

Field Events Begin at 3:30 pm

Running Events Begin at 4:45 pm

Matt Chance – Head Track Coach

Entry questions Paul Golian

Paul@trxctiming.com

## **BG Track Meet**

- 1. Athletes are limited to 4 events. Each school is allowed 2 entries per event and one relay team per event.**
- 2. Track and runway surfaces are rubber, use 3/16, 1/4, or 1/8 spikes.**
- 3. Discus and shot rings are concrete.**
- 4. No dressing rooms available.**
- 5. High School building is off limits to students.**
- 6. Starting blocks will be furnished.**
- 7. Please stay off football field.**
- 8. Do not wear spikes in the bleacher area.**
- 9. Long Jump and Triple Jump will be cafeteria style. (90 min. time limit)**
- 10. Starting Heights: TBD**



# ***Schedule of Events***

## **Field Events at 3:30 pm**

### **4 Jumps/4 Throws**

**Boys Discus**

**Girls Shot**

**Boys High Jump**

**Girls Pole Vault**

**Boys Triple Jump-North Pit**

**Girls Triple Jump – South Pit**

**Boys Javelin**

## **Field Events at Approx. 5:15 pm**

**Girls Discus (90-minute time limit)**

**Boys Shot (90 minute time limit)**

**Girls High Jump**

**Boys Pole Vault**

**Boys Long Jump – (North Pit)**

**Girls Long Jump (South Pit)**

**Girls Javelin**

## **Running Events will Start between 4:30-4:45 pm**

**OPEN 100 will start at 4:30 pm**

**4 x 800 Boys and Girls will start around 4:45 pm**

# **Work List**

## **BGHS Mini Medal Workers**

**Shot – Eddie Linear**

**Discus – Jill Dotson**

**Javelin – Dan Grimes**

**Boys Long Jump – Mark St. Clair**

**Boys Triple Jump- Mark St. Clair**

**Girls Long Jump –Coach Gregg/ Coach Mitchell**

**Girls Triple Jump – Coach Gregg / Coach Mitchell**

**Pole Vault – Nick Koettters**

**High Jump – Craig Pederson**

**Bullpen – Coach Bibb**

**Announce – Kate Klott**

**Medals – Rachel Klott**

**Results: TRXC Timing**

**Starting Blocks: Joe Chinn**



### **Relay Exchanges:**

**4x1 Relay 1<sup>st</sup> Exchange - Clopton / Elsberry**

**4x1 Relay 2<sup>nd</sup> Exchange – Louisiana / Montgomery County**

**4x1 Relay 3<sup>rd</sup> Exchange – North Callaway / Silex**

**4x2 relay 1<sup>st</sup> & 3<sup>rd</sup> Exchange – Van Far / Wellsville**

**4x2 relay – 2<sup>nd</sup> Exchange - Winfield/Wright City**