

## BOURBON MIDDLE TRACK INVITATIONAL 3/30/2023

**Scratch Meeting: 3:30**

**Field Events: 3:30**

**Running Events: 4:00**

Spikes: 3/16" or less

Individual Medals: 1<sup>st</sup> through 3<sup>rd</sup>

Relay Medals: 1<sup>st</sup> through 3<sup>rd</sup>

Plaques: 1<sup>st</sup> Place Only

**Entries Individual: 3 Entries per individual**

Entry Fee: \$150 per school

**Scoring: 10-8-6-5-4-3-2-1**

Meet Official - Steve Shuette

**We will be using Milesplit** to compile entries this year. Detailed instructions of the process can be found on their webpage. Entries are due **Thursday 3/30 by 9:00 AM** There will be no additions at the scratch meeting. [Online Entry Link](#)

1. Event Entry Information.
  - a. Running Events – **3** Entries per school
  - b. Relays – **1** Entry per school
  - c. Field Events - are limited to **four (4)** participants from each school
2. Coaches will be assigned relay zones at the coaches meeting at 3:30 PM-+
3. Athletes must report to the bullpen prior to their race. No athlete will be added to a race at the starting line. **Any athletes that are not at the bullpen after the third call will be scratched.** Make sure your athletes listen to the P.A. announcers.
4. **Please stay off the inside of the track.**
5. Throwing and jumping events will get **THREE** attempts.
6. Medals will be placed in an envelope and given to the coaches at the completion of the relay.
7. Meet results will be posted on [TRXC live result](#) throughout the meet.
8. [Click Here](#) to see heat and flight sheets
9. Starting heights for high jump will be determined at the scratch meeting.
10. **All field events will have an hour and a half time limit. See below for the schedule. Participants will be able to do their field events any time during the hour and a half time frame. After the hour and a half time limit is up, no additional attempts will be given. Encourage your athletes to be at field events when not running.**

# **Bourbon Middle School Invitational**

## **Order of Events (Start at 4:00)**

3200-meter relay (finals)  
100-meter hurdles (finals)  
100-meter dash (finals)  
800-meter relay (finals)  
1600-meter run (finals)  
400-meter relay (finals)  
400-meter dash (finals)  
800-meter run (finals)  
200-meter dash (finals)  
1600-meter relay (finals)

## **Field Event Times**

### **3:30 PM**

Girls Triple Jump  
Girls Discus  
Girls Long Jump

Boys Triple Jump  
Boys Shot Put  
Boys High Jump

### **5:00 PM**

Girls Shot Put  
Girls High Jump

Boys Discus  
Boys Long Jump

\*You will have 1 hour and 30 minutes to complete your field events. See the group schedules for details.

\*Participants in the long and triple jump will receive THREE jumps.

\*Participants in the shot put and discus will receive 3 throws. Heights for high jump will be determined at the scratch meeting.



Old Springfic

Javelin Area

Bus parking

Shot Area

Concession Stand

Disc Area

Parent visitor parking

