

BOURBON HIGH SCHOOL TRACK INVITATIONAL

4/30/24

Scratch Meeting: 3:30
Field Events: 3:30
Running Events: 4:00
Spikes: 3/16" or less
Individual Medals: 1st through 3rd
Relay Medals: 1st through 3rd
Plaques: 1st Place Only
Entries Individual: 3 Entries per individual
Entry Fee: \$150 per school
Scoring: 10-8-6-5-4-3-2-1
Meet Official - Steve Shuette

We will be using [TRXC Timing](#) will be handling the results this year. Enter all entries on [MileSplit](#). Entries are due **Tuesday 4/30 by 9:00 AM**. There will be no additions at the scratch meeting.

1. Event Entry Information.
 - a. Running Events – **3** Entries per school
 - b. Relays – **1** Entry per school
 - c. Field Events - are limited to **three (3)** participants from each school
2. Coaches will be assigned relay zones at the coaches meeting at 3:30 PM
3. Athletes must report to the bullpen prior to their race. No athlete will be added to a race at the starting line. **Any athletes that are not at the bullpen after the third call will be scratched.** Make sure your athletes listen to the P.A. announcers.
4. **Please stay off the inside of the track.**
5. Throwing and jumping events will get THREE attempts.
6. [Click Here](#) to see heat and flight sheets
7. Medals will be placed in an envelope and given to the coaches at the completion of the relay.
8. Starting heights for high jump will be determined at the scratch meeting.
9. **All field events will have an hour and a half time limit. See below for the schedule. Participants will be able to do their field events any time during the hour and a half time frame. After the hour and a half time limit is up, no additional attempts will be given. Encourage your athletes to be at field events when not running.**

Bourbon High School Invitational

Order of Events (Start at 4:00)

4 x 800m Girls
4 x 800m Boys
100m Hurdles Girls
110m Hurdles Boys
100m Dash Girls
100m Dash Boys
4x200m Relay Girls
4x200m Relay Boys
1600m Run Girls
1600m Run Boys
4 x 100m Relay Girls
4 x 100m Relay boys
400m Dash Girls
400m Dash Boys
300m Hurdles Girls
300m Hurdles Boys
800m Run Girls
800m Run Boys
200m Dash Girls
200m Dash Boys
3200m Run Girls
3200m Run Boys
4 x 400m Relay Girls
4 x 400m Relay Boys

Field Event Times

3:30 PM

Boys Long Jump
Girls Discus
Girls Javelin

Girls Long Jump
Boys Shot Put
Boys High Jump

5:00 PM

Girls Shot Put
Boys Triple Jump
Girls Triple Jump

Boys Discus
Boys Javelin
Girls High Jump

Exchange Zones:

4x100: 1) Cuba, 2) Steelville, 3) Bourbon

4x200: (1 and 3) Bourbon and Viburnum, 2) Cuba and Starter

Curve / Break Line Duty:

4 x 800m relay: Steelville – south curve, St Paul break line/north curve

1600 m run: Viburnum – south curve, Steelville break line/north curve

800 m run: St Paul – south curve, Cuba break line/north curve

3200m run: Viburnum south curve, St. Paul break line/ north curve

4 x 400m relay Bourbon – south curve, Steelville break line/north curve

*You will have 1 hour and 30 minutes to complete your field events. See the group schedules for details.

*Participants in the long and triple jump will receive THREE jumps. *Participants in the shot put and discus will receive 3 throws. Heights for high jump will be determined at the scratch meeting.



Old Springfic

Javelin Area

Bus parking

Shot Area

Concession Stand

Disc Area

Parent visitor parking

