



LAURA SPEED ELLIOTT MIDDLE SCHOOL TRACK AND FIELD INVITATIONAL APRIL 24TH 2026

Busses: Drop off and park on the west side of the stadium.

Divisions: Only two divisions: Girls Division and Boys Division

Entries: Each team will be allowed six entries in individual events and one team in relay events.

Medals: Top three in all events. Please pick up medals at the end of the meet in the press box.

Scoring: Top eight places score 10-8-6-5-4-3-2-1.

Entry Form: Register your teams on [AthleticNET](#). All entries are due on Friday, April 24th at 9 AM. No late entries will be accepted. Scratches only at the coaches meeting.

[MSHSAA Athletic.net Help Sheet](#).

Entry questions? Reach out to Paul Golian | paul@trxctiming.com

Heat/Flight Sheets: [Click Here](#)

Live Results: [Click Here](#)

Entry Fee: \$200 per team.

Team scores will be kept for girls and boys.

Please bring your check with you or send the check prior to the meet.

Unpaid entries will be invoiced.

Checks payable to: LSE Middle School

Track: Eight-lane all-weather track — 1/8-inch spikes only.

Facilities: Restrooms and concession stands are available at the west end of the stadium.

If an athlete is not competing, please have them stay off the track and infield.

No tape will be allowed on the track or runways.

Athletes enter the track at the north end near the bullpen.

SCHEDULE

3:30 PM – Coaches Scratch Meeting (Press Box)

4:00 PM – Field Events Begin

4:30 PM – Running Events Begin

ORDER OF RUNNING EVENTS

1. 100m Hurdles
2. 100m Dash
3. 4x200m Relay
4. 1600m Run
5. 4x100m Relay
6. 400m Dash
7. 800m Run
8. 200m Dash
9. 4x400m Relay

All running events will begin with girls and will be followed by boys.

ORDER OF FIELD EVENTS

Long Jump — Girls, then Boys

Triple Jump — Boys, then Girls

Shot Put — Girls, then Boys

Discus — Boys, then Girls

Pole Vault — Boys, then Girls

High Jump — Girls, then Boys

QUESTIONS?

Jena Howell

Phone: 660-882-6649

Email: Jena.Howell@bpsk12.net

