



2026 Broncho Postal

Where: Bayless High School Track - 4532 Weber Rd, St. Louis, MO 63123

When: Tuesday, October 20

Time: Coaches meeting at the start/finish line at 5:30 pm. The first heat will begin at 5:50pm. Heats will be ran slow to fast.

Tentative Schedule:

5:40 pm: Bayless XC Senior Night

5:50 pm: Girls H1 (Slowest)

6:15 pm: Boys H1 (Slowest)

6:35 pm: Girls H2 (Middle or Fastest)

6:55 pm: Boys H2 (Middle)

7:15 pm: Girls H3 (Fastest)

7:35 pm: Boys H3 (Fastest)

We will shoot for 15-20 kids per heat, realistically looking at 2 girls heats and 2-3 boys heats. We will also try to play music through the speakers. Per our local ordinance, we have to shut the lights off at 8:30pm. If heats are dropped, the fastest heats will be moved up.

Distance: 3200 meters

Hoka Postal Nationals: A coach can earn a free pair of shoes for having a full scoring team. Access the link to upload your team results and get a free pair of shoes!

Medals: Top 15 boys and girls

- Pick up your team packet in press box following last race

Rosters: [Boys](#) [Girls](#)

Heat Sheets: [Click here](#) to see heat sheets

Team Plaques: Top 2 teams

- Medal & Awards will be created by my Business Entrepreneurship students





Entries:

- Please submit your entries by **October 19th at 9:00AM** on athletic.net. In order to make the meet as competitive as possible for all the athletes, please be sure to put down a seed time. [You can use this sheet to estimate 3200m](#). Athletes without a seed time will be put into slower heats.

Questions about registration email [Paul Golian](#) – [TRXC Timing](#)

Dropoff / Parking: Info coming week of race

Team Camps: Info coming week of race

Fee: This will be a split cost event. Invoices will be sent out following the event.

Host Questions: Coach Colton Wooldridge | cwooldridge@bayless.k12.mo.us

Live Results: [TRXC Timing](#)

