

2024 COMO KICKOFF

HOSTED BY BATTLE HIGH SCHOOL



HEAD COACH: BRIAN HANCOCK

CONTACT INFORMATION

PHONE: 573-822-3386

EMAIL: bhancock@cpsk12.org

ATHLETIC DIRECTOR: SAMANTHA SYMONDS

CONTACT INFORMATION

PHONE: 573-214-3300 **FAX:** 573-214-3301

EMAIL: ssymonds@cpsk12.org

The following information concerns the “COMO KICKOFF,” a high school Track and Field Meet, to be held **FRIDAY, MARCH 15, 2024**, at the Battle High School Stadium.

ENTRY FEE: **\$200.00** Per School

Make checks payable to: Battle High School
c/o Samantha Symonds, Athletic Director
7575 East St. Charles Road
Columbia, MO 65202

ENTRY: Entries are due NO LATER than **Thursday, March 14, 2024 at 9:00 AM**
All entries will be made online using [Milesplit](#)

Entries will be unlimited (max of 4 entries per athlete)

ENTRY QUESTIONS: [Paul Golian](#) – TRXC Timing

SEEDING: Heat/Flights will be seeded by time and distances entered.

GAMES COMMITTEE: Head coaches from each participating school

RUNNING SURFACE: Rubber 400m eight lane track. 3/16” pyramid spikes are to be used or smaller.
Jump runways are the same surface. USE OF LONGER SPKES WILL RESULT
IN YOUR ATHLETE BEING DISQUALIFIED.

CONCESSIONS: Concessions will be available for purchase

TEAM TENTS: Tents may be placed behind pole vault and horizontal runways

WARM-UPS: There will be a designated area for warm-ups, during the meet, on the practice
football fields located east of the track

PARKING: Buses should use the parking lot that is directly across from the tennis courts.

LIVE RESULTS: There will be live results on [TRXC Timing](#)

PERFORMANCE: [Click Here](#) for Heat/Flight sheets

2024 COMO Open Schedule of Events

Field Event Starting Times

2:30 PM	Boy and Girls Javelin (combined) – Cafeteria Style – 3 throws
2:30 pm	Boys Pole Vault (Girls to follow)
2:30 pm	Boys Discus (Girls to follow) – Two Flights – Cafeteria Style – 3 throws
2:30 pm	Girls Shot Put (Boys to follow) – Two Flights – Cafeteria Style – 3 throws
3:00 pm	Girls High Jump (Boys to follow)
3:00 pm	Girls Long Jump (Boys to follow) Cafeteria Style/One hour for 3 jumps
3:00 pm	Boys Triple Jump (Girls to follow) Cafeteria Style/One hour for 3 jumps

Running Events Begin @ 4:00 pm and will proceed on a Rolling Time Schedule

All events run Girls followed by Boys

4X800m Relay

100m Hurdles (power seeded)

110m Hurdles (power seeded)

100m dash (power seeded)

4X200m relay

1600 m

4 X 100m relay

400m

300m hurdles

800m

200m (power seeded)

3200m

4X400m