



OZARK INDOOR SERIES

HIGH SCHOOL & YOUTH



January 30, 2022

LOCATION: Principia College, One Front Gate Road, Elsah, IL 62028

ENTRY FEES: \$15.00 per athlete entered online at www.coacho.com by Thursday, January 27, 2022 by 9:00 a.m. The meet is open to clubs and unattached athletes. **NO LATE ENTRIES or MODIFICATIONS.** Fees must be paid online by the close of the meet registration.

ENTRY

LIMITATIONS: 8 & under thru 11-12 divisions – 3 events.
13-14 thru 17-18 enter – 4 events.

Athletes who are still 18 years of age on the day of the AAU Junior Olympic National Championship Meet shall be eligible to compete in the open division.

ADVANCEMENT: Top 16 participants will advance to OZARK AAU Indoor Series CHAMPIONSHIP on FEBRUARY 26 - 27, 2022.

ENTRIES: ALL ENTRIES MUST BE COMPLETED ON-LINE BY THURSDAY, JANUARY 27th BY 9:00 a.m.
ALL ATHLETES MUST HAVE A VALID AAU CARD TO PARTICIPATE.

MEET

DIRECTOR: Vince Bingham, Wanda K. McNeil, Dave Searcy, Martise Scott. Contact: vdbingham@gmail.com

TIMING: Rich Schilling, TRXC Timing

EQUIPMENT: Athletes must bring their own indoor throwing implements and Pole Vault poles. No spikes longer than 1/8" will be allowed on the track.

CONCESSIONS: Available at the facility.

SPECTATOR

ADMISSIONS: \$3.00 / 5 & Under Free.

**Please remember Principia College is a smoke-free, alcohol-free facility.
No pets allowed in the facility.**

- This event is licensed by the Amateur Athletic Union of the U.S., Inc.
- All participants must have a current AAU membership.
- AAU membership may not be included as part of the entry fee to the event.
- AAU Youth Athlete membership must be obtained before the competition begins, except where the event operator has a laptop available with an internet connection.
- Be Prepared: Adult and Non-Athlete memberships are no longer instant and cannot be applied for at an event.
- Due to background screenings, please allow up to 10 days for adult memberships to be processed.
- Participants are encouraged to visit the AAU website www.aausports.org to obtain their membership.

Time Schedule

Sunday, January 30, 2022

EVENTS:

Running/Walking: 60M, 200M, 400M, 800M, 1500M, 3000M, 60MH, 4x400M, 4x800M, Race Walk

Field Events: Pole Vault, Long Jump, Triple Jump, High Jump, Shot Put

ALL RUNNING EVENTS ARE TIMED FINALS.

ALL FIELD EVENTS –THROWS/JUMPS , 4 ATTEMPTS (High Jump/Pole Vault excluded)

ORDER OF EVENTS:

9:00 AM – Field Events

Long Jump	8U	9-10	11-12	13-14	15-16	17-18
Triple Jump	13-14	15-16	17-18			
Pole Vault	13-14	15-16	17-18			
High Jump	17-18	15-16	13-14	11-12	9-10	8U
Shot Put	17-18	15-16	13-14	11-12	9-10	8U

***Triple Jump will begin immediately at the conclusion of the Long Jump. ***

12:00 PM – Running Events

(Events will be ran in the following order Girls followed by Boys, Youngest to Oldest. Exception: See note below)

4 x 800 Meter Relay	11-12, 13-14, 15-16, 17-18
Racewalk 1500/3000 Meter	9-10, 11-12, 13-14, 15-16, 17-18
60 Meter Hurdles	11-12, 13-14, 15-16, 17-18
60 Meter Dash	8U, 9-10, 11-12, 13-14, 15-16, 17-18
1500 Meter Run	8U, 9-10, 11-12, 13-14, 15-16, 17-18
400 Meter Dash	8U, 9-10, 11-12, 13-14, 15-16, 17-18
800 Meter Run	8U, 9-10, 11-12, 13-14, 15-16, 17-18
200 Meter Dash	8U, 9-10, 11-12, 13-14, 15-16, 17-18
3000 Meter Run	11-12, 13-14, 15-16, 17-18
4 x 400 Meter Relay	9-10, 13-14, 15-16, 17-18

Note:

- All events will be run girls first, then boys.
- We may combine age groups and gender together in all Running events.
- We may combine age groups and gender in all Field events.