

LUTHERAN HIGH SCHOOL SOUTH CROSS COUNTRY INVITATIONAL 2017

Thursday, August 31, 2017

Division Boys Varsity & JV--- 4:30 PM
Girls Varsity & JV--- 5:15 PM

Team Trophies: One team trophy for each division

Medals: Top 20 in both girls and boys will medal

Entries: **Enter all of your athletes as Varsity in the 5K.** I will enter them in each race. They will score where they race. Entries are due no later than **Wednesday, August 30, 2017 by 9:00 a.m.** [Online Entry Form](#)

Entry Directions:

1. Create an Account or Log into an Existing Account
2. MSHSAA updates rosters every 24 hours, check and make sure all kids have are listed on your roster
3. Find Meet and enter athletes

[Box Assignment](#)

[Performance List](#)

Entry Fee: \$50 per Varsity Team (\$50 for boys, another \$50 for girls)
\$40 per JV Team (\$40 for boys, another \$40 for girls)
\$10 per individual entry in Varsity and JV race

Please make checks payable to Lutheran High School South and mail to:

Mark Linneman, Athletic Director
Lutheran High School South
9515 Tesson Ferry Road
St. Louis, MO 63123

Entry Questions: Rich Schilling 314-522-6176 Rich@trxctiming.com