



43rd Annual Henle Holmes Invitational



April 12th
Parkway Central High School
Meet Info - *REVISED 4/11*

Meet Director: [Steve Warren](#)

Parkway Central has an all weather track. The pole vault, high jump, and long & triple jump areas also have the rubber surface. You may use a maximum of 1/4" spikes in all events. The shot and discus circles are concrete. Please bring your own official shot and discus, and clearly mark it for identification.

Awards: A team plaque will be awarded to the first place team in each division
Medals will be awarded to the top five in each event.

Entry Deadline: Entries are due **Wednesday, April 11th, at noon** [Online Entry Form](#)

Scratch/Changes: Coaches can manage their roster until **Thursday, April 12th at 9:00am.** [Scratches/Changes](#)

Entry Limit: 2 per event & 1 relay

Entry Fee: \$180 per team \$360 for both boys and girls
Make checks payable to
Parkway Tournament Fund, Henle Holmes Invitational
C/O Mike Roth, Athletic Director
445 No. Woods Mill Rd., Chesterfield, MO 63017

Coaches Meeting: Coach's meeting will be held at 3:30 in the bullpen.

Work Assignments: [Work Assignments](#)

Entry Questions: [Rich Schilling](#) - (314) 522-6176

Performance List: [Performance List](#)

Heat/Flight Sheets: [Heat/Flight Sheets](#)

Meet Records: [Boys Records](#) [Girls Records](#)

Boys Teams:

Eureka	Lift for Life (P2)	Parkway South
Francis Howell North	Maplewood	Parkway West
Hazelwood West (P1)	Marquette	Ritenour
John Burroughs	MICDS	Riverview Gardens
Kirkwood	Parkway Central	Timberland
Lafayette	Parkway North	Webster Groves

Girls Teams:

Eureka	Maplewood	Parkway South
Francis Howell North	Marquette	Parkway West
Hazelwood West	MICDS	Ritenour
John Burroughs	Northwest	Riverview Gardens (P2)
Kirkwood	Parkway Central	Timberland
Lafayette (P1)	Parkway North	Webster Groves

ORDER OF EVENTS
HENLE R. HOLMES INVITATIONAL

Thursday - *REVISED 4/11*

Field Events: (4 attempts no finals)

4:15 p.m.	Girls - Boys to follow	Pole Vault
4:15 p.m.	Boys - Girls to follow	High Jump
4:15 p.m.	Boys	Triple Jump (4:15-6:00)
4:15 p.m.	Girls	Triple Jump (4:15-6:00)
4:15 p.m.	Boys - Girls to follow	Discus
4:15 p.m.	Girls - Boys to follow	Shot
4:15 p.m.	Girls - Boys to follow	Javelin
6:15 p.m.	Girls	Long Jump (6:15-8:00)
6:15 p.m.	Boys	Long Jump (6:15-8:00)

Running Events: (Rolling Time Schedule)

4:15 p.m.	Girls	4X800m Relay
	Boys	4X800m Relay
	Girls	100m Hurdles
	Boys	110m High Hurdles
	Girls	100m
	Boys	100m
	Girls	4X200m Relay
	Boys	4X200m Relay
	Girls	1600m
	Boys	1600m
	Girls	4X100m Relay
	Boys	4X100m Relay
	Girls	400m
	Boys	400m
	Girls	300m Low Hurdles
	Boys	300m Intermediate Hurdles
	Girls	800m
	Boys	800m
	Girls	200m
	Boys	200m
	Girls	3200m
	Boys	3200m
	Girls	4X400m Relay
	Boys	4X400m Relay