

Pacific Middle School Track

425 Indian Warpath Drive
Pacific, MO 63069

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PACIFIC INVITATIONAL MIDDLE SCHOOL TRACK

Schools: Hermann, St. Clair, St. James, Grandview
Sullivan, Union, Washington, and Pacific

Date/ Location: April 27th, Pacific High School.

Spectator Admission: - Adults: \$3.00 Students: \$2.00

Entries: Please enter all competitors on [mo.milesplit](https://www.mo.milesplit.com) by **9:00 AM, April 27th**.

Awards: Medals: 1st, 2nd, and 3rd in each event receive medals. First place team in each division receives a plaque.

Contact: Blair Thompson, bthompson@mvr3.k12.mo.us

Timing Company: TRXC Timing

Starter: Steve Serniak

- When entering: Eighth graders must be marked for the 8th grade division. Seventh graders may compete in the 8th grade division but may only compete in one division.
- 7th Grade Boys, 8th Grade Boys, 7th Grade Girls, and 8th Grade Girls divisions. Eighth graders may not compete in the 7th grade division. Seventh graders may move up to compete in the 8th grade division but may only compete in one division.
- You may enter 1 relay team per division.
- You may enter 3 entries per individual running event, per division but only 2 entries per field event, per division.
- Scratch meeting will start at 3:30p at the finish line. Scratches only. Fields events may scratch at the event.
- Starting heights for both boys and girls pole vault and high jump will be determined based on entries and announced at the scratch meeting.
- There will be a hospitality room for coaches, workers, administrators and bus drivers located in the old cafeteria.
- There will be a concession stand for athletes and spectators..
- [Click Here](#) to see heat and flight sheets
- Please remit entry fees to:

Pacific High School
Activities Department
425 Indian Warpath
Pacific, MO 63069

- **Entry Fee:** **\$150.00**

ORDER OF EVENTS

Events will be run 7th grade first, then 8th grade following.

4:00 PM Boys Discus (Girls to follow)
Girls Shot Put (Boys to follow)
Long Jump – cafeteria style
Triple Jump – cafeteria style
Girls High Jump (Boys to follow)
Boys Pole Vault (Girls to follow)

4:30 PM Running events are finals against time. Heats will be run slow to fast, as necessary.

4x800 Meter Relay
100 Meter Hurdles
100 Meter Dash
4x200 Meter Relay
1600 Meter Run
4x100 Meter Relay
400 Meter Dash
800 Meter Run
200 Meter Dash
4x400 Meter Relay