

1981-2013 MSHSAA Girls State Track Meet Top 20 List

3200 Meters

1	Emily Sisson	Parkway Central	4	2009	10:24.12
2	Megan Thompson	Hazelwood Central	4A	1990	10:25.95
3	Colleen Quigley	Nerinx Hall	4	2011	10:27.62
4	Amy Wiseman	Lee's Summit	4A	1997	10:33.41
5	Diane Robison	Parkway Central	4	2009	10:33.91
6	Andrea Fischer	Hannibal	4A	1981	10:35.05
7	Justa Dahl	De Soto	4A	1997	10:35.92
8	Taylor Werner	Ste. Genevieve	3	2013	10:38.04
9	Chelsey Phoebus	Lee's Summit West	4	2011	10:39.07
10	Merideth Snow	Eureka	4	2005	10:40.48
11	Liz Reida	Springfield Kickapoo	4	2011	10:42.67
12	Merideth Snow	Eureka	4	2006	10:43.88
13	Chris Ridenour	Kirkwood	4A	1982	10:44.37
14	Samantha Nightingale	Blue Springs South	4	2011	10:44.87
15	Samantha Nightingale	Blue Springs South	4	2012	10:44.96
16	Jill Kingsbury	Washington	4A	1983	10:45.19
17	Amy Wiseman	Lee's Summit	4A	1996	10:46.18
18	Diane Robison	Parkway Central	4	2010	10:48.42
19	Alyssa Allison	Festus	3	2008	10:48.58
20	Megan Thompson	Hazelwood Central	4A	1988	10:49.27

Class Records

Class 1	Mackenzie Weis	Cass Midway	2010	11:30.58
	Jamie Vest	Stoutland	2003	11:32.87
	Mackenzie Weis	Cass Midway	2011	11:34.49
	Jamie Vest	Stoutland	2005	11:42.20
	Olivia Francka	Halfway	2009	11:42.35
Class 2	Amber Warren	Lutheran (St. Charles)	2005	10:56.82
	Heather Burroughs	Pembroke Hill	1994	11:01.51
	Terry Phillips	St. Mary's (Independence)	2007	11:02.44
	Allison Smith	Pembroke Hill	2001	11:13.88
	Amber Warren	Lutheran (St. Charles)	2003	11:15.00
Class 3	Taylor Werner	Ste. Genevieve	2013	10:38.04
	Alyssa Allison	Festus	2008	10:48.58
	Ashley Sanders	Clinton	2002	10:50.0
	Nicole Lee	Clinton	2013	10:52.58
	Brittani Johnson	West Plains	2008	10:58.25
Class 4	Emily Sisson	Parkway Central	2009	10:24.12
	Megan Thompson	Hazelwood Central	1990	10:25.95
	Colleen Quigley	Nerinx Hall	2011	10:27.62
	Amy Wiseman	Lee's Summit	1997	10:33.41
	Diane Robison	Parkway Central	2009	10:33.91