

# Class 3, 4 & 5 High Jump & Pole Vault Progressions

## Class 3

- Boys H.J.:** 5'9", 2" raises to 6'1" with 1" raises thereafter.  
5-9, 5-11, **6-1**, 6-2, 6-3, 6-4, 6-5, 6-6, 6-7, 6-8, 6-9, 6-10, 6-11, 7-0
- Boys P.V.:** 12'6", 6" raises to 13'6" with 3" raises thereafter.  
12-6, 13-0, **13-6**, 13-9, 14-0, 14-3, 14-6, 14-9, 15-0, 15-3, 15-6, 15-9, 16-0
- Girls H.J.:** 4'10", 2" raises to 5' with 1" raises thereafter.  
4-10, **5-0**, 5-1, 5-2, 5-3, 5-4, 5-5, 5-6, 5-7, 5-8, 5-9, 5-10, 5-11, 6-0
- Girls P.V.:** 8'6", 6" raises to 9'6" with 3" raises thereafter.  
8-6, 9-0, **9-6**, 9-9, 10-0, 10-3, 10-6, 10-9, 11-0, 11-3, 11-6, 11-9, 12-0, 12-3, 12-6

## Class 4

- Boys H.J.:** 5'10", 2" raises to 6'2" with 1" raises thereafter.  
5-10, 6-0, **6-2**, 6-3, 6-4, 6-5, 6-6, 6-7, 6-8, 6-9, 6-10, 6-11, 7-0, 7-1, 7-2, 7-3
- Boys P.V.:** 12'6", 6" raises to 13'6" with 3" raises thereafter.  
12-6, 13-0, **13-6**, 13-9, 14-0, 14-3, 14-6, 14-9, 15-0, 15-3, 15-6, 15-9, 16-0
- Girls H.J.:** 4'8", 2" raises to 5', with 1" raises thereafter.  
4-8, 4-10, **5-0**, 5-1, 5-2, 5-3, 5-4, 5-5, 5-6, 5-7, 5-8, 5-9, 5-10, 5-11, 6-0
- Girls P.V.:** 9'3", 6" raises to 10'3", with 3" raises thereafter.  
9-3, 9-9, **10-3**, 10-6, 10-9, 11-0, 11-3, 11-6, 11-9, 12-0, 12-3, 12-6, 12-9, 13-0

## Class 5

- Boys H.J.:** 6'0", 2" raises to 6'4" with 1" raises thereafter.  
6-0, 6-2, **6-4**, 6-5, 6-6, 6-7, 6-8, 6-9, 6-10, 6-11, 7-0, 7-1, 7-2, 7-3, 7-4
- Boys P.V.:** 12'6", 6" raises to 13'6" with 3" raises thereafter.  
12-6, 13-0, **13-6**, 13-9, 14-0, 14-3, 14-6, 14-9, 15-0, 15-3, 15-6, 15-9, 16-0
- Girls H.J.:** 4'10", 2" raises to 5'0" with 1" raises thereafter.  
4-10, **5-0**, 5-1, 5-2, 5-3, 5-4, 5-5, 5-6, 5-7, 5-8, 5-9, 5-10, 5-11, 6-0, 6-1, 6-2, 6-3
- Girls P.V.:** 9'6", 6" raise to 10'6" with 3' raises thereafter.  
9-6, 10-0, **10-6**, 10-9, 11-0, 11-3, 11-6, 11-9, 12-0, 12-3, 12-6, 12-9, 13-0