

2019 District Track Meet May 4, 2019

Meet Director: Brad Basel (baselb@wpsd.net) Cell: 913-206-1699. Office 816-640-2225

Participants: Bishop LeBlond, Carrollton, East Buchanan, Lathrop, Lexington, Mid-Buchanan,

North Platte, Penney, Plattsburg, Polo, South Harrison, West Platte

Coaches Meeting: 8:30 am in the Press Box

Weigh In: 8:45 am report to the Track Shed. (brown shed, South of the track)

Bus Parking: Please drop off your athletes on the North end of the stadium from Benner Park (baseball

fields) and then park somewhere in the baseball/softball parking lot.

Concessions: The West Platte Booster Club team will run a fully stocked concession stand.

T Shirts: Can be purchased at the Concession Stand (limited number available)

Bullpen: Located South of the track at the 100m starting line.

Spikes: Track is 8 lane rubber, athletes may use 1/8 inch spikes on the track

and runways, but no tape will be allowed on the track.

Spectator Areas: Bleachers are available on the east side of the stadium. Please ask your

fans to respect the roped and fenced areas for athletes and/or coaches only.

Tents: Team tents may be set up on the North side of the track **outside** the fence.

Official: Roger Giger (Head Starter), Kevin Harrison (Asst. Starter), Dan Cromer (Field event)

Restroom: Restrooms are located on the concourse.

Medical: Certified Athletic Trainer Kelsey Raiman will be available. **Long Jump/Triple Jump:** The North Runway will be girls LJ followed by TJ.

The South Runway will be Boys TJ followed by LJ.

***THERE WILL BE NO SUNFLOWER SEEDS ANYWHERE IN THE STANDS OR TRACK.

***THERE WILL BE NO FOOD OR DRINK (EXCEPT WATER) ALLOWED ON THE TRACK OR INFIELD.

Appeals Committee: Brendan Cary (NP), Kim Huss (BL), Kemper Kellerstrass (PB), Jeff Harlin (EB)

Bailee Giger (WP)

District Track Schedule

9:30 AM	11:30	1:30 AM
G Pole Vault	G Long Jump	G High Jump
B High Jump	B Triple Jump	G Shot Put
B Shot Put	B Javelin	B Discus
G Javelin	G Discus	B Pole Vault
G Triple Jump		B Long Jump

^{*}Throwing events will be 3 throws with the top 9 making finals.

Preliminary Running Events:

10:15	Girls	100 meter hurdles
10:25	Boys	110 meter hurdles
10:35	Girls	100 meter dash
10:45	Boys	100 meter dash
10:55	Girls	4X800 meter relay (final)
11:10	Boys	4X800 meter relay (final)
11:25	Girls	200 meter dash
11:30	Boys	200 meter dash

Final Running Events

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12:00	Girls	100 meter hurdles	
12:05	Boys	110 meter hurdles	
12:10	Girls	100 meter dash	
12:15	Boys	100 meter dash	
12:20	Girls	4X200 meter relay	
12:30	Boys	4X200 meter relay	
12:40	Girls	1600 meter run	
12:50	Boys	1600 meter run	
12:55	Girls	4X100 meter relay	
1:05	Boys	4X100 meter relay	
1:15	Girls	400 meter dash	
1:25	Boys	400 meter dash	
1:40	Girls	300 meter hurdles	
1:55	Boys	300 meter hurdles	
2:10	Girls	800 meter run	
2:25	Boys	800 meter run	
2:40	Girls	200 meter dash	
2:45	Boys	200 meter dash	
2:50	Girls	3200 meter run	
3:05	Boys	3200 meter run	
3:20	Girls	4X400 meter relay	
3:30	Boys	4X400 meter relay	