



Invitation Only Meet –

Contact Meet Director for inquiries (Rich Witt, rwitt@ladueschools.net)

Meet Date: Thursday, 8 September 2022

Location: [St. Vincent Park](#), 7335 St. Charles Rock Road, St. Louis, MO 63133

- St. Vincent's Park is located just east of I-170 and north of St. Charles Rock Road.
- Take I-170 to St. Charles Rock Road East
- Travel east on St. Charles Rock Road for 2.0 Miles, then turn left onto road into park.
- Take the park road 0.6 miles north into the park.

Meet Timing: TRXC Timing, Rich Schilling

Entries: All entries are done on MoMileSplit.

Entry deadline will be on Monday, September 5th at 5:00 p.m.

Scratches/Changes: Coaches can manage their entries **until Tuesday, September 6th**

BY NO LATER THAN 9 a.m. [Scratches/Changes](#) WE WILL NOT ACCEPT LATE ENTRIES.

Rosters: [Girls](#) [Boys](#)

Box Assignment: [Click Here](#) to see box assignments

Race Times:

- 4:15 Varsity Boys 5K (8 max.)
- 4:45 Varsity Girls 5K (8 max.)
- 5:15 JV/Frosh Boys 5K (unlimited entry)
- 5:45 JV/Frosh Girls 5K (unlimited entry)

Awards:

- Top 25 medal in Varsity
- Top 40 medal in JV
- Top 15 medal in Frosh
- Varsity and JV Division Champions receive 8 meet t-shirts (8/division/gender)
- Individual Champions (V/JV/F) receive meet t-shirt

Cost:

- \$275/gender (max fee = \$550)
- \$25/runner if you are not entering a full team
- Checks Payable to Ladue School District or Ladue High School or Ladue Cross Country

Mail to:

Ladue High School
Attn: Richard Witt
1201 S Warson Rd
St Louis, MO 63124

Course Map: All races 5K.

Two loop course.



