

13th Annual Jim Marshall Cross Country Invitational
Saturday, September 2, 2023
County Park, Jefferson City, Missouri

Divisions

Race divisions will be separated with Class 1, 2, and 3 schools scored together and Class 4 and 5 schools scored together for the varsity races. The JV races will be scored together.

Time Schedule:

8:15 Coaches Meeting in finish corral
9:00 am: Varsity Boys 5K
9:25 am: Varsity Girls 5K
9:55 am: JV Boys 2 Mile
10:20 am: JV Girls 2 Mile
10:45 am: Awards: Varsity medals, JV and varsity team trophies. JV medals will be given in the chute.

Athletes will compete together but will be scored separately based on large or small school distinctions in the varsity races.

Awards:

- Varsity
 - Medals to top 20 finishers in both large and small school divisions.
 - Plaques to the top 2 teams in both small and large school divisions.
- JV
 - Medals will be given to the first overall 20 finishers. JV medals will be handed out in the chute. Plaques to the top teams in each of the JV races.
 - Awards will be collected from the awards table.

Details:

- Capital Region Medical Center will have trainers available. Please bring your own supplies with you for regular taping. Their supplies are for emergency/urgent use only
- Use of any tobacco products are expressly prohibited at any JCHS Athletic Event. The field areas, parking lots, and adjacent park areas are under the jurisdiction of the school for the duration of the tournament.
- Consumption or possession of alcohol is expressly prohibited at any JCHS Athletic Event. The field areas, parking lots, and adjacent park areas are under the jurisdiction of the school for the duration of the tournament. • Fans determined to be under the influence of alcohol or drugs by JCPS personnel may be asked to leave the venue or be removed.
- Delays for weather related issues and schedule adjustments will be determined by the official starter, meet manager and athletic administrator.
- Restroom facilities, medical personnel, and concessions are available onsite.
- T-shirts will be sold on sight.

Rosters: [Girls](#)

[Boys](#)

Box Assignments: [Box Assignments](#)

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Entries:

Online entries will be handled by trxtiming.com. Schools will enter their athletes on the MoMilesplit Website. Money is due by the end of the meet. Enter all Athletes in the 5k, in the proper division, athletes will score only in races they complete [Online Entry Link](#)

Entries are due by **Thursday, August 31st at 9am.**

TRXC will also be handling the race day timing and results. Live Result can be found at [TRXC Timing](#)
** Entry Fee: 60.00 per division. 240.00 for all four. 15.00 per individual.

Directions and Parking:

Cole County Park 1404
Fairgrounds Rd
Jefferson City, MO 65109
(38.564559/-92.273829)

Parking: Traffic will arrive from the north and will be parked at either the Fairgrounds Road Church of Christ or the Capital West Christian Church Events Center. Parking attendants will assist with the parking. All buses will arrive from the north on Fairgrounds Road and be circled through the Jefferson City Jaycees lot. They will unload just west of the starting line and will be circled around to park in the church lots. **THERE IS NO CROSS COUNTRY EVENT PARKING AT THE JEFFERSON CITY JAYCEES AREA WHERE THE COURSE IS.** All spectators will park just north of this area. They will all be easily within walking distance from the course.

Course Site:

- From the North: Take 54 across the bridge and take Hwy 50 West to the Truman Blvd/South Country Club Exit (about 4 miles). Turn left across Hwy 50 and travel about 2.5 miles to the fairgrounds.
- From 50 East: Take 50 all the way through Jefferson City and turn left on the Truman Blvd/South Country Club Drive Exit. Turn left (south) and proceed 2.5 miles on Country Club to the course site on your left.
- From 50 West: Take the above exit before you get into Jefferson City, Truman Blvd, Country Club Drive.
- Coming from the Lake traveling east on Highway 54 take Highway 50 West and exit and turn left. Follow this about 4 miles and turn on Truman Blvd, Country Club Drive Exit. Turn left (south) and go 2.5 miles and the course will sit on your left.

We thank the Jefferson City Jaycees and the Cole County Park authorities for the use of their facilities. We ask that you clean up after yourselves. With any questions regarding the meet please contact James Murphy, Head CC Coach at Jefferson City High School, at 573 291 5142.

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Jefferson City High School
5K Cross Country Course
Cole County Park
Est. 2003

