

2024 Carbondale Cross Country Invitational

Date: Saturday, September 7th

Location: SIUC Cross Country Course

Race Times: 8:45 am – HS Coaches Meeting

9:30 am – HS Girls (Unlimited)

10:15 am – HS Boys (Unlimited)

10:15 am – MS Coaches Meeting

11:00 am – MS Girls (Unlimited) 1.8 miles

11:30 am – MS Boys (Unlimited) 1.8 miles

Coaches Meeting: near finish line

Packet Pick-Up: Located near the finish line

Awards: 2 Team Plaques (Boys and Girls Race Champion)

Top 20 Medals in each race

Team Scores: Top 5 runners count towards team score

Race Timing: [TRXC Timing](#)

Entry Link: [Athletic.net](#) (add the meet to your team schedule)

Entries Due: Thursday, September 5th @ 9:00 am

Box Assignments: [High School](#) [Middle School](#)

Entries: [Girls](#) [Boys](#)

Restrooms: Itchy Jones Baseball Stadium (Behind Home Plate)

Bus/Spectator Parking: Big parking lot east of the track and field complex

➤ **DO NOT PULL UP BEHIND BASEBALL STADIUM TO DROP OFF TEAM**

If you any questions, please contact:

Head Coach Greg Storm | 618-713-4876 | greg.storm@cchs165.com

Athletic Director Gwen Poore | 618-203-0383 | gwen.poore@cchs165.com