

## Festus High School

AD: 636-937-5946

Dear Coach or Athletic Director,

We would like to invite your team to the 2023 **Festus High School Bowles Invitational** on Saturday September 16<sup>th</sup>, 2023. The coaches meeting will start promptly at 8:30 a.m.

**Entry Fee:** **TO BE PAID BEFORE or DAY OF THE MEET**; 5 or more runners will be considered a team. See prices next to race times below. **If you have individuals (less than 5) they are \$20 each.** Please make checks payable to **Festus R-6 School District** with attention to: **Jason Therrell**

**DISTANCES:** 3.1 miles for the high school races, and 2 miles for the middle school races.

<b>ORDER OF RACES:</b>	<b>9:00</b>	Varsity Boys (top 7 runners)	<b>\$100</b>
	<b>9:30</b>	Varsity Girls (top 7 runners)	<b>\$100</b>
	<b>10:00</b>	Junior Varsity Boys (unlimited)	<b>\$100</b>
	<b>10:30</b>	Junior Varsity Girls (unlimited)	<b>\$100</b>
	<b>11:15</b>	Middle School Boys (unlimited)	<b>\$75</b>
	<b>11:45</b>	Middle School Girls (unlimited)	<b>\$75</b>

### Individual Participant Awards:

Varsity Boys and Girls: Medals given to the top 25 finishers in each race.

Junior Varsity Boys and Girls: Medals given to top 20 finishers in each race.

Middle School Boys and Girls: Medals given to top 25 finishers in each race.

**Entries:** [Girls](#) [Boys](#)

**Box Assignments:** [High School](#) [Middle School](#)

**Team Awards:** Varsity Boys and Girls: Plaques awarded to top 3 teams.  
Varsity JV Boys and Girls: 1<sup>st</sup> Place plaque awarded only.  
Middle School Boys and Girls: Plaques awarded to top 2 teams.

**Your school will be responsible if any of your schools timing chips are lost (\$20 each). Make sure to turn them back in to the timing truck in the same envelope you got them in.**

**Please register your runners on the [MoMileSplit](#). The site will close **9:00 am on Thursday the 14<sup>th</sup>.****

*There will be no additions/changes the day of the meet!!!*

\*WE ARE LIMITING TEAMS. [therrelljason@festusedu.com](mailto:therrelljason@festusedu.com) TO SEE IF YOU CAN ENTER!

# 2023 Festus High School Bowles Invitational

School \_\_\_\_\_ School Phone to Contact \_\_\_\_\_  
Coaches Name \_\_\_\_\_ Coaches Home Phone \_\_\_\_\_

\_\_\_\_\_ **YES** my school will attend the Bowles Invitational.

(Please check the squads that will compete)

\_\_\_\_\_ Boys Varsity \$100

\_\_\_\_\_ Girls Varsity \$100

\_\_\_\_\_ J.V. Boys \$100

\_\_\_\_\_ J.V. Girls \$100

\_\_\_\_\_ M.S. Boys \$75

\_\_\_\_\_ M.S. Girls \$75

\_\_\_\_\_ **NO**, we will not be attending the 2023 Bowles Invitational.

Please Mail or **Fax** your Invitation by  
Wednesday,  
September 6<sup>th</sup>, 2023

Festus High School attn: Jason Therrell  
501 Westwind Dr.  
Festus, MO 63028

**FAX Number: (636) 937-2378**

Sincerely,

Jason Therrell  
Athletic Director  
[therrelljason@festusedu.com](mailto:therrelljason@festusedu.com)

Bryant Wright  
Head Boys Cross Country Coach  
[wrightbryant@festusedu.com](mailto:wrightbryant@festusedu.com)

Wes Armbruster  
Head Girls Cross Country Coach  
[armbrusterwesley@festusedu.com](mailto:armbrusterwesley@festusedu.com)

## Directions to Festus Larry Crites Park (Formally West City)

### From the intersection of Interstate 55 and Highway A:

Go West on Highway A for 0.5 mile to Collins (the first stoplight). Turn Right (north) and

Go north for 0.5 mile until the road ends at a “T”. This is West Main Street and turns Right.

Stay on West Main for 1/10<sup>th</sup> of a mile to the first street on the left. This is Sunshine. Turn Left.

Continue from Sunshine for 2.0 miles to the entrance of Larry Crites Park.

## Teams:

### **High School:**

*Festus*

Lafayette

Washington

Lutheran St. Charles

Seckman

Webster Groves

Ste. Genevieve

Hillsboro

Pacific

DeSoto

Ft. Zumwalt East (boys only)

Fox (boys only)

Rockwood Summit (boys only)

Vianney (boys only)

St. Francis Borgia (boys only)

Lindbergh (boys only)

St. Charles West

Warrensburg

Fort Zumwalt North

Ladue

### **Middle School:**

*Festus*

Washington

DeSoto

Northwest Valley

Priory

Ste. Genevieve

Woodridge

Antonia

Pacific

Fox

Seckman

Ridgewood

Hillsboro