## 47th Annual Carthage Invitational Cross Country Meet Thursday, September 10th, 2020

The meet once again will be held at the Carthage Municipal Golf Course. We are excited to once again host the Junior High Divisions at the golf course. Those races will start at 4:00pm. More information to follow from the Junior High.

Due the Corona Virus epidemic, changes may be made to the race schedule, the finish line protocol, spectator limitations, awards ceremonies, etc. We will make decisions in early September and let you know.

We are asking that all team camps be set up on the east side of the street. NO CAMPS WILL BE ALLOWED ON THE GOLF COURSE!! ALL COACHES AND SPECTATORS NEED TO REMAIN ON THE CART PATHS DURING THE RACES. PLEASE HELP US KEEP ATHLETES AND SPECTATORS OFF THE GREENS AND TEE BOXES.

Each team may enter seven runners in the Boys and Girls Varsity races, with unlimited entry in the JV and Freshman races. The varsity races will be 5000 meters, while the other races will be 3200 meters. Please note the fact that the boys and girls Freshman and JV races have been combined and the varsity races will be run first!

Coaches, please be aware that our course is difficult and with the extreme heat, I advise that you take that into consideration when filling a varsity squad!

Times: 10:30 Coaches Meeting (Finish Line Area)

11:00 Boys Varsity-5000 Meters 11:40 Girls Varsity-5000 Meters

12:25 Boys Freshman/Junior Varsity-3200 Meters 12:55 Girls Freshman/Junior Varsity-3200 Meters

1:30 Awards

Awards: Plaques for top two teams in varsity races

Medals for top 20 finishers-varsity races Medals for top 10 finishers-JV races Medals for top 10 finishers-Freshman races

Carl Lewton Team award for combined male and female team scores

Entry: Entry is \$200 per school or \$10 per runner up to 20

Misc. Invitational T-shirts will be available for \$10

All entries need to be done online at the TRXC Timing Website. We will be using a timing company to chip time the race.

Entries will be due Wednesday, September 9, at 12:00 pm Entry Form

Coaches enter all your athletes in the 5k. You then can have them run in the race you wish on the day of the meet.

Meet Questions: Andrew C. Youngworth Cell: 417-388-1584 School fax-417-359-7037

Entry Questions: Rich Schilling <u>rich@trxctiming.com</u> 314-522-6176