

# 2024 COMO KICKOFF

HOSTED BY BATTLE HIGH SCHOOL



**HEAD COACH:** BRIAN HANCOCK

**CONTACT INFORMATION**

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**ATHLETIC DIRECTOR:** SAMANTHA SYMONDS

**CONTACT INFORMATION**

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The following information concerns the “COMO KICKOFF,” a high school Track and Field Meet, to be held **FRIDAY, MARCH 15, 2024**, at the Battle High School Stadium.

**ENTRY FEE:**           **\$200.00** Per School

Make checks payable to: Battle High School  
c/o Samantha Symonds, Athletic Director  
7575 East St. Charles Road  
Columbia, MO 65202

**ENTRY:**                   Entries are due NO LATER than **Friday, March 15, 2024 at 9:00 AM**  
All entries will be made online using [Milesplit](#)

Entries will be unlimited (max of 4 entries per athlete)

**ENTRY QUESTIONS:**    [Paul Golian](#) – TRXC Timing

**SEEDING:**               Heat/Flights will be seeded by time and distances entered.

**GAMES COMMITTEE:**    Head coaches from each participating school

**RUNNING SURFACE:**    Rubber 400m eight lane track. 3/16” pyramid spikes are to be used or smaller.  
Jump runways are the same surface. **USE OF LONGER SPKES WILL RESULT  
IN YOUR ATHLETE BEING DISQUALIFIED.**

**CONCESSIONS:**        Concessions will be available for purchase

**TEAM TENTS:**         Tents may be placed behind pole vault and horizontal runways

**WARM-UPS:**           There will be a designated area for warm-ups, during the meet, on the practice  
football fields located east of the track

**PARKING:**              Buses should use the parking lot that is directly across from the tennis courts.

**LIVE RESULTS:**        There will be live results on [TRXC Timing](#)

**PERFORMANCE:**       [Click Here](#) for Heat/Flight sheets

# 2024 COMO Open Schedule of Events

## Field Event Starting Times

|         |  |
|---------|--|
| 2:30 PM | Boy and Girls Javelin (combined) – Cafeteria Style – 3 throws              |
| 2:30 pm | Boys Pole Vault (Girls to follow)  |
| 2:30 pm | Boys Discus (Girls to follow) – Two Flights – Cafeteria Style – 3 throws   |
| 2:30 pm | Girls Shot Put (Boys to follow) – Two Flights – Cafeteria Style – 3 throws |
| 3:00 pm | Girls High Jump (Boys to follow)   |
| 3:00 pm | Girls Long Jump (Boys to follow) Cafeteria Style/One hour for 3 jumps      |
| 3:00 pm | Boys Triple Jump (Girls to follow) Cafeteria Style/One hour for 3 jumps    |

## Running Events Begin @ 4:00 pm and will proceed on a Rolling Time Schedule

*All events run Girls followed by Boys*

4X800m Relay

100m Hurdles (power seeded)

110m Hurdles (power seeded)

100m dash (power seeded)

4X200m relay

1600 m

4 X 100m relay

400m

300m hurdles

800m

200m (power seeded)

3200m

4X400m